

Rapport de course

Bateau
LW2X
Athlète(s)
Exercice
2K

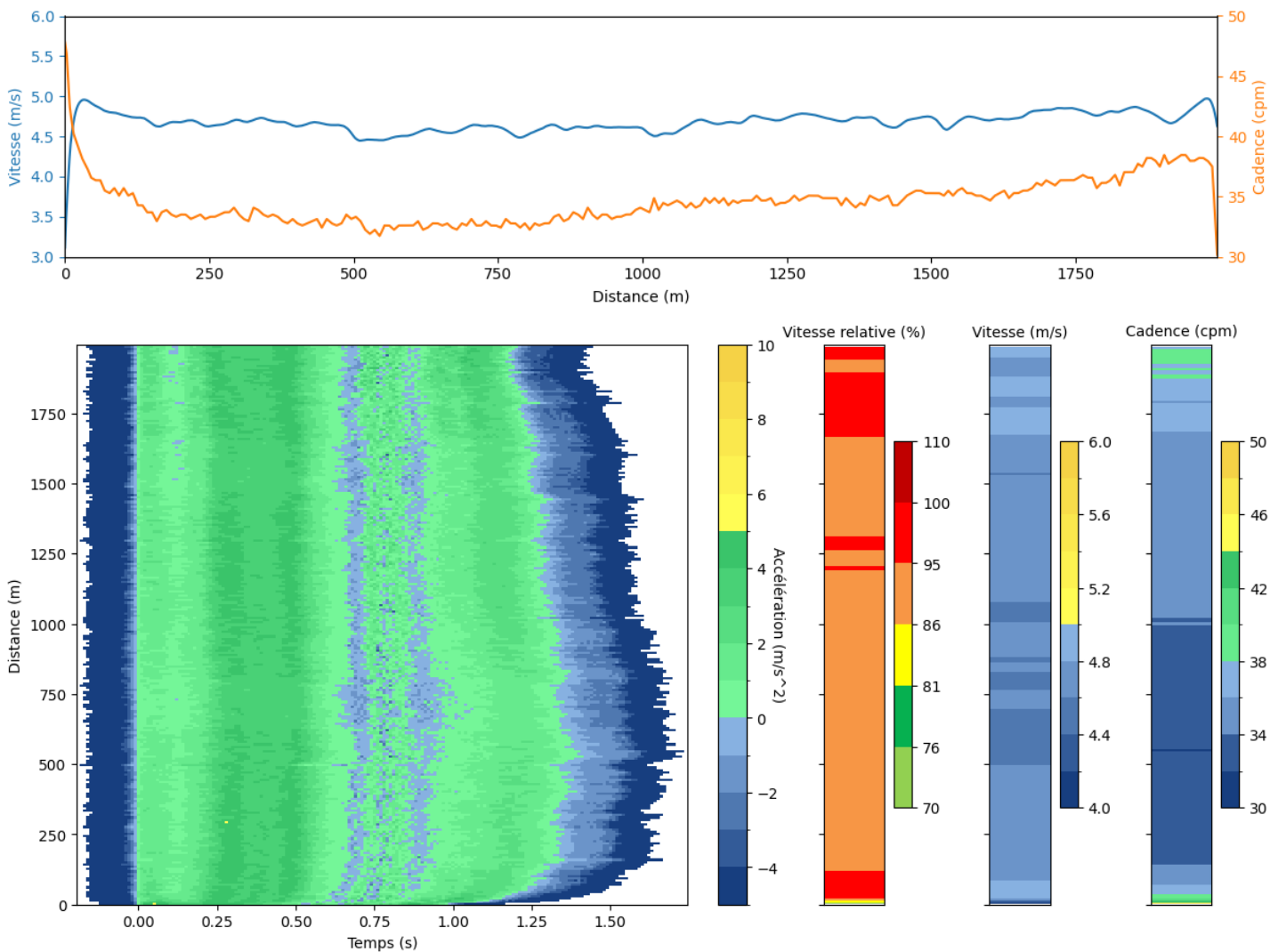
WBT
06:41.36
Distance
1995m
Commentaire

Tps prono
06:40.00
Temps
07:06.69
Date

Indicateurs de course

| | | |
|-------------------|-------------|--------------------|
| Nombre de coups | Cadence moy | Distance moy /coup |
| 247 | 34.5 | 8.12 |
| | cpm | m |
| Temps moy au 500m | Vitesse moy | Vitesse relative |
| 01:46.92 | 4.68 | 93.5 |
| | m/s | % |

Cartographie de la course



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Découpage de la course

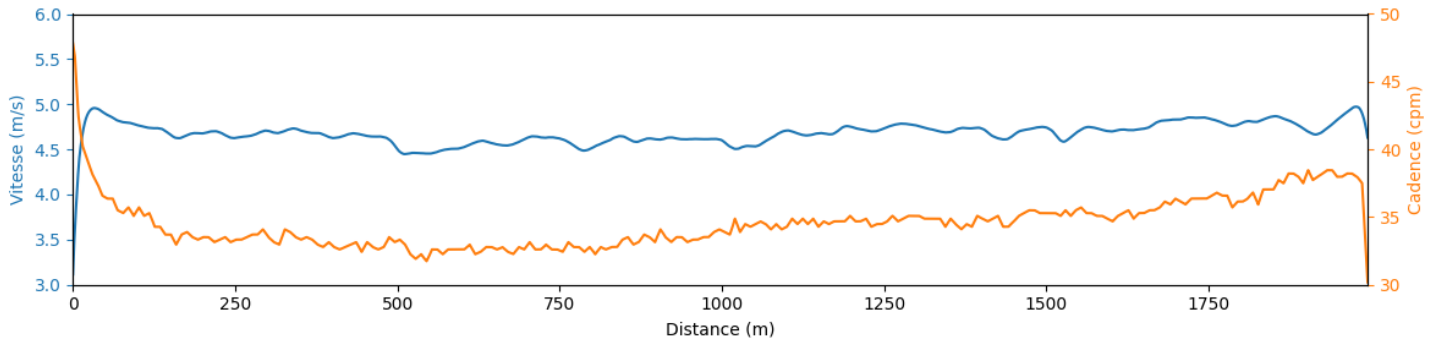
| Distance (m) | Temps cumulé | Tps sur 50m (s) | Cadence (cpm) | Dist/cp (m) | Vitesse (m/s) | Vitesse (%) | Tps (/500m) | Tps au 250m | Tps au 500m |
|----------------|-----------------|-----------------|---------------|-------------|---------------|-------------|-----------------|-----------------|-----------------|
| Moyenne | | 10.67 | 34.6 | 8.1 | 4.68 | 93.6 | 01:46.91 | 00:53.67 | 01:47.73 |
| Std | | 0.31 | 1.7 | 0.4 | 0.10 | 2.0 | 00:02.25 | 00:00.81 | 00:01.38 |
| Médiane | | 10.69 | 34.6 | 8.3 | 4.68 | 93.6 | 01:46.85 | 00:53.57 | 01:46.97 |
| 50 | 00:10.82 | 10.82 | 40.0 | 7.1 | 4.62 | 92.4 | 01:48.20 | | |
| 100 | 00:21.21 | 10.39 | 35.7 | 8.2 | 4.81 | 96.2 | 01:43.90 | | |
| 150 | 00:31.77 | 10.56 | 34.6 | 8.3 | 4.73 | 94.7 | 01:45.60 | | |
| 200 | 00:42.51 | 10.74 | 33.5 | 8.5 | 4.66 | 93.1 | 01:47.40 | | |
| 250 | 00:53.32 | 10.81 | 33.4 | 8.5 | 4.63 | 92.5 | 01:48.10 | 00:53.32 | |
| 300 | 01:03.98 | 10.66 | 33.6 | 8.4 | 4.69 | 93.8 | 01:46.60 | | |
| 350 | 01:14.64 | 10.66 | 33.5 | 8.6 | 4.69 | 93.8 | 01:46.60 | | |
| 400 | 01:25.36 | 10.72 | 33.2 | 8.5 | 4.66 | 93.3 | 01:47.20 | | |
| 450 | 01:36.10 | 10.74 | 32.8 | 8.6 | 4.66 | 93.1 | 01:47.40 | | |
| 500 | 01:46.89 | 10.79 | 33.0 | 8.5 | 4.63 | 92.7 | 01:47.90 | 00:53.57 | 01:46.89 |
| 550 | 01:58.07 | 11.18 | 32.4 | 8.4 | 4.47 | 89.4 | 01:51.80 | | |
| 600 | 02:09.23 | 11.16 | 32.5 | 8.4 | 4.48 | 89.6 | 01:51.60 | | |
| 650 | 02:20.14 | 10.91 | 32.6 | 8.2 | 4.58 | 91.7 | 01:49.10 | | |
| 700 | 02:31.11 | 10.97 | 32.6 | 7.7 | 4.56 | 91.2 | 01:49.70 | | |
| 750 | 02:41.87 | 10.76 | 32.7 | 7.8 | 4.65 | 92.9 | 01:47.60 | 00:54.98 | |
| 800 | 02:52.87 | 11.00 | 32.7 | 7.6 | 4.55 | 90.9 | 01:50.00 | | |
| 850 | 03:03.77 | 10.90 | 32.8 | 8.3 | 4.59 | 91.7 | 01:49.00 | | |
| 900 | 03:14.61 | 10.84 | 33.3 | 8.2 | 4.61 | 92.3 | 01:48.40 | | |
| 950 | 03:25.41 | 10.80 | 33.5 | 8.3 | 4.63 | 92.6 | 01:48.00 | | |
| 1000 | 03:36.21 | 10.80 | 33.6 | 8.4 | 4.63 | 92.6 | 01:48.00 | 00:54.34 | 01:49.32 |
| 1050 | 03:47.23 | 11.02 | 34.2 | 8.1 | 4.54 | 90.7 | 01:50.20 | | |
| 1100 | 03:58.14 | 10.91 | 34.4 | 8.2 | 4.58 | 91.7 | 01:49.10 | | |
| 1150 | 04:08.79 | 10.65 | 34.6 | 8.3 | 4.69 | 93.9 | 01:46.50 | | |
| 1200 | 04:19.45 | 10.66 | 34.7 | 8.3 | 4.69 | 93.8 | 01:46.60 | | |
| 1250 | 04:30.02 | 10.57 | 34.6 | 8.4 | 4.73 | 94.6 | 01:45.70 | 00:53.81 | |
| 1300 | 04:40.53 | 10.51 | 34.9 | 8.4 | 4.76 | 95.1 | 01:45.10 | | |
| 1350 | 04:51.19 | 10.66 | 34.8 | 8.3 | 4.69 | 93.8 | 01:46.60 | | |
| 1400 | 05:01.84 | 10.65 | 34.6 | 8.4 | 4.69 | 93.9 | 01:46.50 | | |
| 1450 | 05:12.58 | 10.74 | 34.7 | 8.0 | 4.66 | 93.1 | 01:47.40 | | |
| 1500 | 05:23.18 | 10.60 | 35.3 | 7.7 | 4.72 | 94.3 | 01:46.00 | 00:53.16 | 01:46.97 |
| 1550 | 05:33.89 | 10.71 | 35.3 | 7.3 | 4.67 | 93.4 | 01:47.10 | | |
| 1600 | 05:44.35 | 10.46 | 35.2 | 7.7 | 4.78 | 95.6 | 01:44.60 | | |
| 1650 | 05:54.95 | 10.60 | 35.1 | 7.7 | 4.72 | 94.3 | 01:46.00 | | |
| 1700 | 06:05.40 | 10.45 | 35.8 | 8.3 | 4.78 | 95.7 | 01:44.50 | | |
| 1750 | 06:15.70 | 10.30 | 36.3 | 8.3 | 4.85 | 97.1 | 01:43.00 | 00:52.52 | |
| 1800 | 06:26.12 | 10.42 | 36.4 | 8.1 | 4.80 | 96.0 | 01:44.20 | | |
| 1850 | 06:36.47 | 10.35 | 36.6 | 8.1 | 4.83 | 96.6 | 01:43.50 | | |
| 1900 | 06:46.85 | 10.38 | 37.8 | 8.0 | 4.82 | 96.3 | 01:43.80 | | |
| 1950 | 06:57.46 | 10.61 | 38.2 | 7.7 | 4.71 | 94.2 | 01:46.10 | | |
| 1995 | 07:06.68 | 9.22 | 37.2 | 8.1 | 4.91 | 98.2 | 01:41.81 | | |

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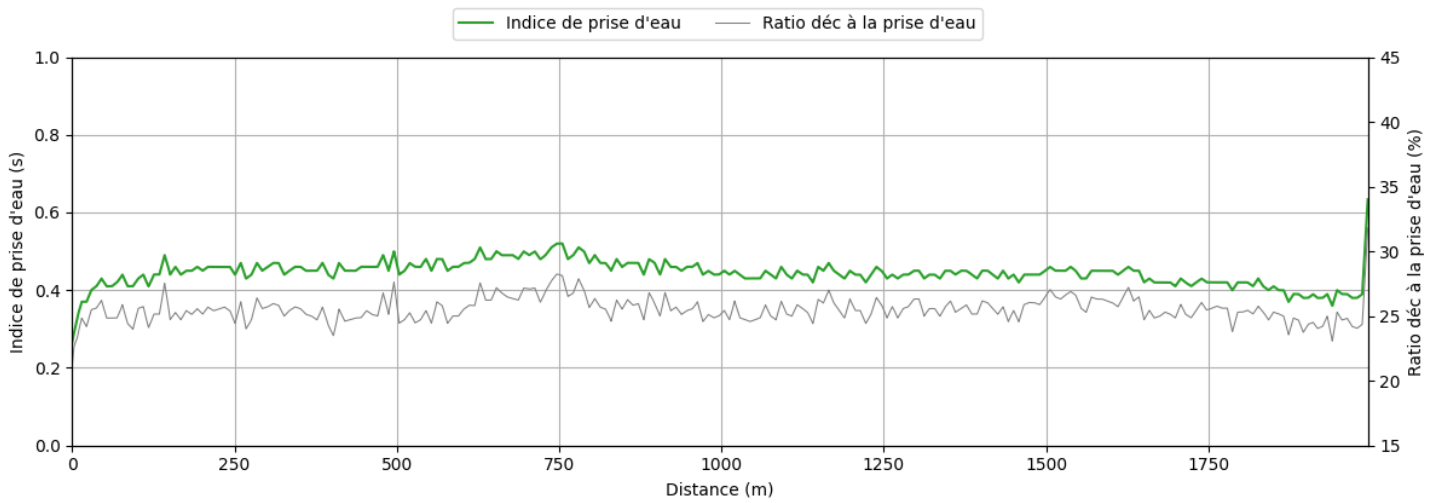
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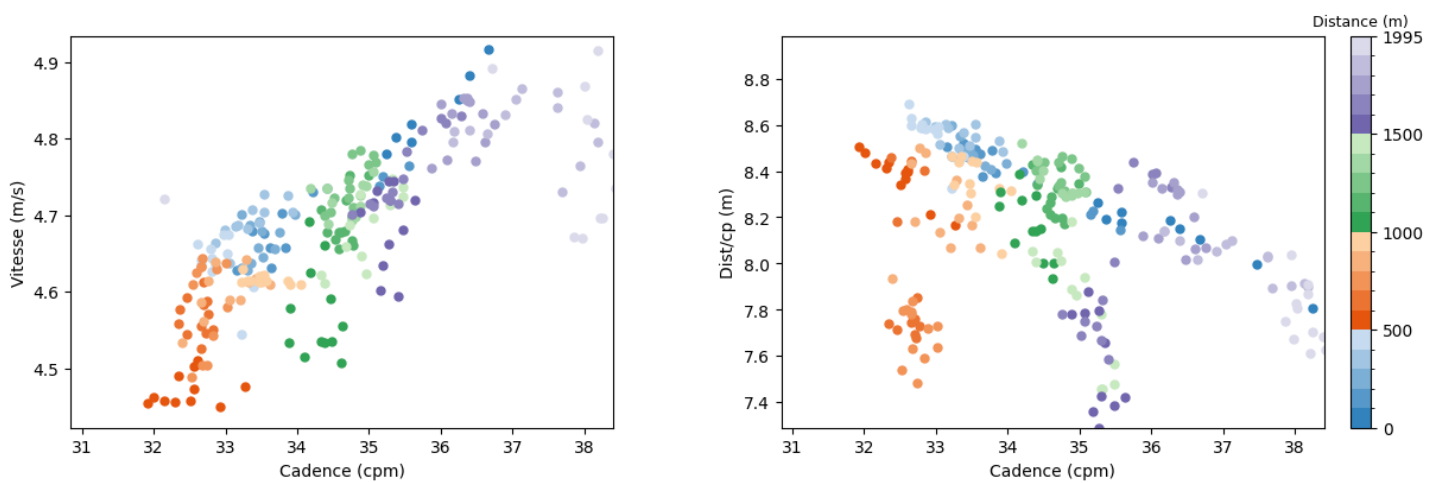
Vitesse - Cadence



Indice de prise d'eau



Vitesse & Distance/cp vs Cadence

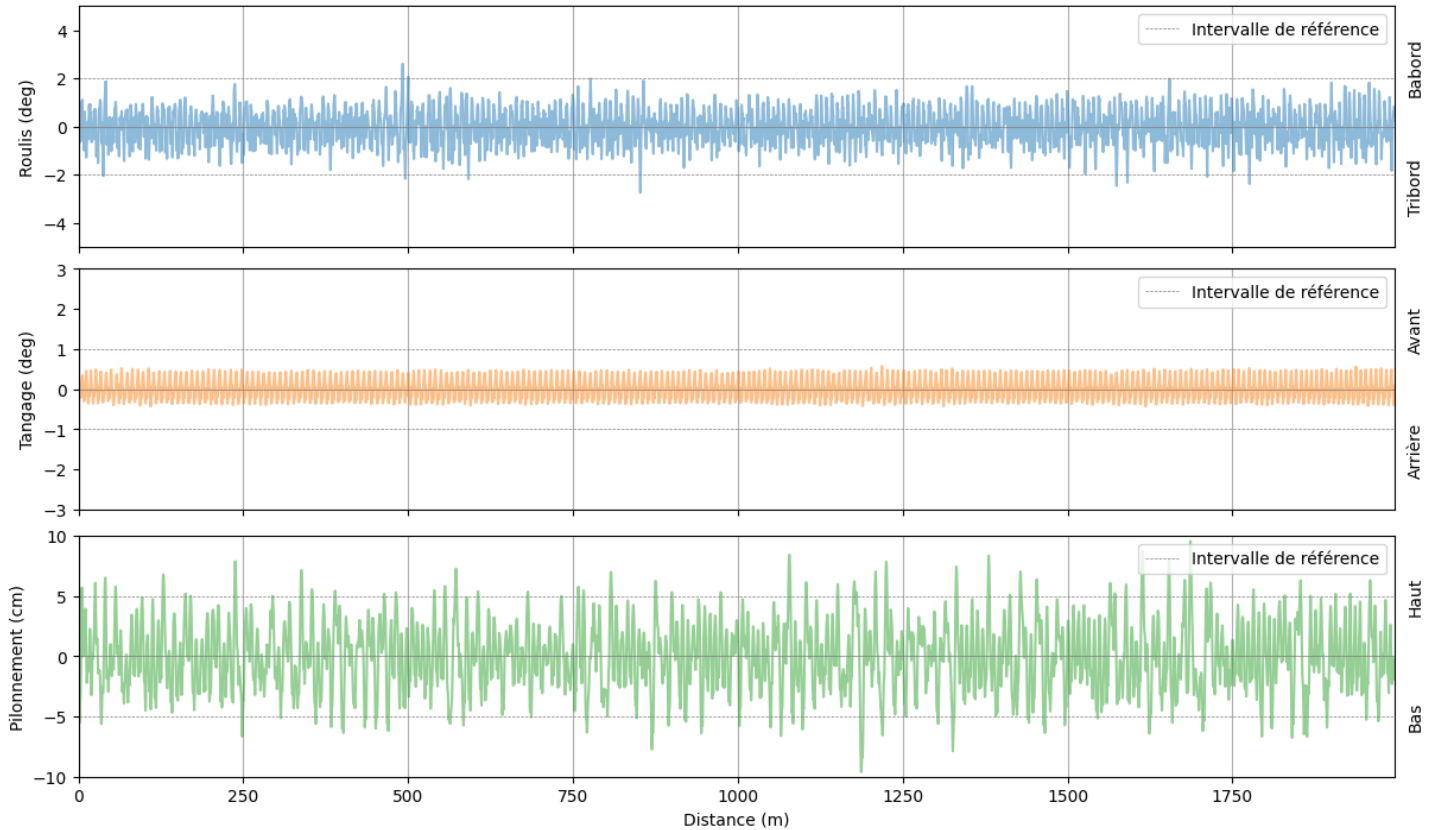


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Roulis, tangage & pilonnement

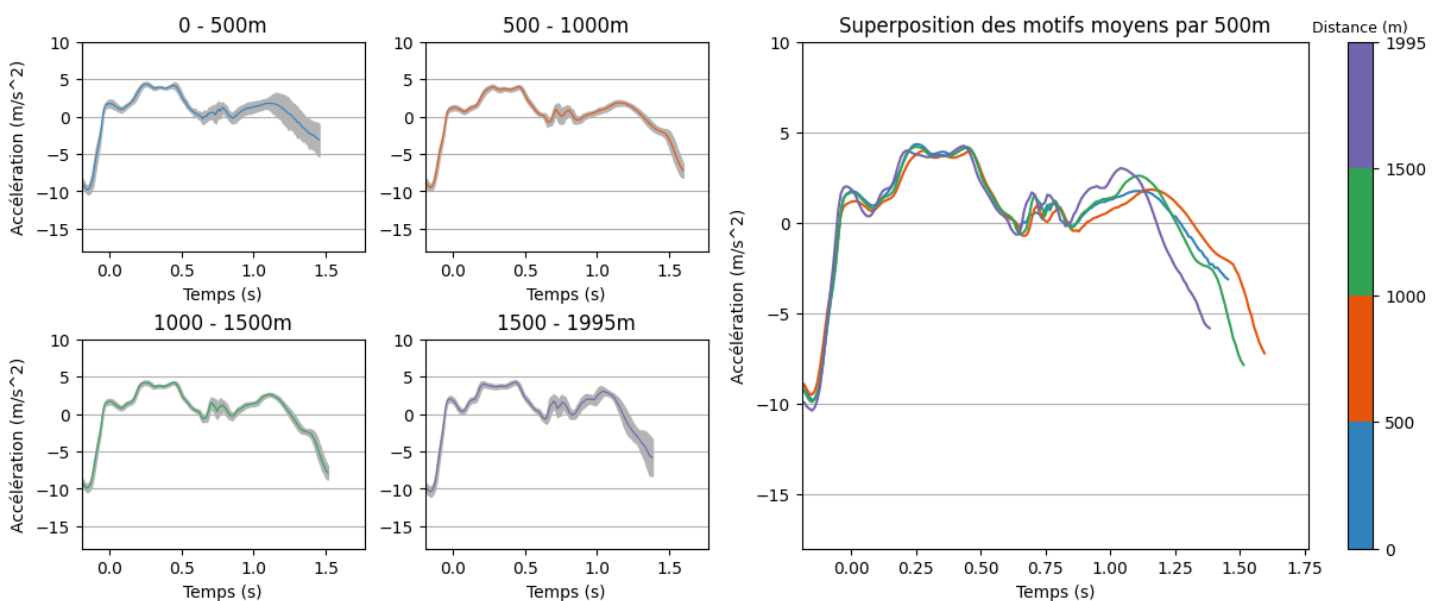


Le roulis est positif lorsque le bateau tombe à bâbord et négatif lorsqu'il tombe à tribord.

Le tangage est positif lorsque l'avant du bateau se lève et négatif quand l'arrière se lève.

Le pilonnement est la distance d'oscillation verticale du bateau.

Motifs moyens d'accélération du bateau pour chaque 500m



| | | |
|------------|-------------|-----------|
| Bateau | WBT | Tps prono |
| LW2X | 06:41.36 | 06:40.00 |
| Athlète(s) | Distance | Temps |
| . | 1995m | 07:06.69 |
| Exercice | Commentaire | Date |
| 2K | | |

Autres statistiques

Vitesse

| Variable | Moyenne | Ecart type | Minimum | Médiane | Maximum |
|---------------------------|---------|------------|---------|---------|---------|
| Cadence (cpm) | 34.5 | 1.8 | 30.2 | 34.4 | 47.8 |
| Vitesse (m/s) | 4.68 | 0.13 | 3.12 | 4.68 | 4.97 |
| Vitesse relative (%) | 93.6 | 14.6 | 43.4 | 98.6 | 122.8 |
| Vitesse instantanée (m/s) | 4.68 | 0.73 | 2.17 | 4.93 | 6.14 |
| Dist/cp (m) | 8.15 | 0.41 | 4.16 | 8.27 | 9.57 |

Accélération

| Variable | Moyenne | Ecart type | Minimum | Médiane | Maximum |
|---|---------|------------|---------|---------|---------|
| Durée d'accélération (s) | 1.18 | 0.06 | 0.94 | 1.18 | 1.31 |
| Durée de décélération tot (s) | 0.57 | 0.07 | 0.29 | 0.56 | 0.80 |
| Indice de prise d'eau (s) | 0.44 | 0.03 | 0.27 | 0.45 | 0.63 |
| Ratio de décélération tot (%) | 32.5 | 2.9 | 23.1 | 31.8 | 43.2 |
| Ratio déc à la prise d'eau (%) | 25.5 | 0.8 | 21.1 | 25.4 | 31.8 |
| Pic d'accélération (m/s ²) | 4.36 | 0.25 | 3.57 | 4.40 | 5.16 |
| Pic de décélération (m/s ²) | -10.15 | 0.55 | -12.33 | -10.08 | -8.98 |

Mouvement

| Variable | Moyenne | Ecart type | Minimum | Médiane | Maximum |
|-------------------------------|---------|------------|---------|---------|---------|
| Roulis (deg) | 0.0 | 0.7 | -2.8 | -0.0 | 2.6 |
| Amplitude de roulis (deg) | 2.3 | 0.5 | 1.2 | 2.2 | 4.8 |
| Tangage (deg) | 0.0 | 0.2 | -0.4 | -0.0 | 0.6 |
| Amplitude de tangage (deg) | 0.8 | 0.0 | 0.4 | 0.8 | 1.0 |
| Amplitude de pilonnement (cm) | 7.2 | 2.0 | 1.7 | 6.9 | 15.3 |

T_range: (3198.36, 3625.04) ; D_range: (6002.23, 7997.51)